

# APRIL 2021 NEWSLETTER



St Anthony's Family Medical Practice  
ABN: 68 929 697 729

# Spring Gully

Primary Health

PHONE: 5400 1310  
FAX: 5400 1311

126 Spring Gully Road  
Spring Gully Vic 3550

**Consulting Hours:**

Monday - Friday: 8.30AM - 5PM

**Practitioners:** Dr Rosario Palaypayon, Dr Adel Asaid, Dr Jennifer Suzuki, Dr Sara Careem

**Practice Nurses:** Emily Palmer, Meaghan Bake, Tegan McCaskie, Naj Aldorki

**Reception Staff:** Hannah (Practice Manager), Sandra, Lorraine, Emma, Shona.

## **WE ARE STILL AT EMU CREEK!**

Just an update to all of our lovely patients:  
We are still working from Emu Creek Health Professionals, located in Strathfieldsaye.

At this stage we are unsure of when we will be returning to the Spring Gully building, however we will keep you all updated. We thank you all greatly for your continued patience and support.

Our clinic will be running flu clinics this year for the influenza vaccination. To join our waiting list, please speak with our friendly reception staff.

**Benefits of the influenza vaccination:**

- \* it protects vulnerable members of the community.
- \* You'll stay productive through the flu season.
- \* It could save your life.

For more information, call 5400 1310, or ask your GP / our reception staff at your next appointment.



# HAPPY EASTER!



Spring Gully Primary Health would like to wish all of our patients a very safe and happy easter.

Our clinic will be **closed:**

- Friday the 2nd of April: Good Friday
- Monday the 5th of April: Easter Monday

*We will re-open Tuesday the 6th of April @ 8.30am.*

**The Bendigo Easter Fair:** The City of Greater Bendigo is planning a modified family-friendly program of activities to celebrate Easter in 2021. *For more information, please visit: <https://www.bendigoeasterfestival.org.au/>*



## **EMU CREEK HEALTH PROFESSIONALS MEN'S SHED**

***Operating Thursdays 9am - 4pm***

It was in June last year, between Victoria's lockdowns, when Dr Asaid started to notice an increase in men living with mental health issues. "Men don't normally talk much, they normally keep it inside them," Dr Asaid said. So Dr Asaid decided to transform a rarely used back shed at his medical practice in Strathfieldsaye into the Emu Creek Men's Shed.

**For more information, please ask our reception team or email Shed member:**

**James Halcas [halnoe@hotmail.com](mailto:halnoe@hotmail.com)**

Newspaper article: <https://www.abc.net.au/news/2021-02-03/emu-creek-mens-shed-delivers-positive-outcomes-for-mental-health/13116982>



## Staff Profile of the Month - Get to Know Us Better !!!



**Name:** Hannah.

**Job:** Practice Manager of Spring Gully Primary Health.

**Favourite Animal:** Golden Retriever

**Hobbies:** Watching Netflix, Netball, Reading and Travel

**Favourite Food:** Chicken Kiev

**Favourite Drink:** Lemonade and Ginger Beer

**Interesting Fact About Me:** I am currently building my own home in Bendigo, which will be completed by the end of the year.

## THE BENDIGO RESPIRATORY CLINIC - COVID19 VACCINATIONS

Phone: 1800 573 196

Vaccinating Hours: Tuesday to Saturday 8.30-1.30pm.

Covid-19 Testing: Monday 9.30am-4pm .

Tuesday-Friday 2.30pm-5pm.

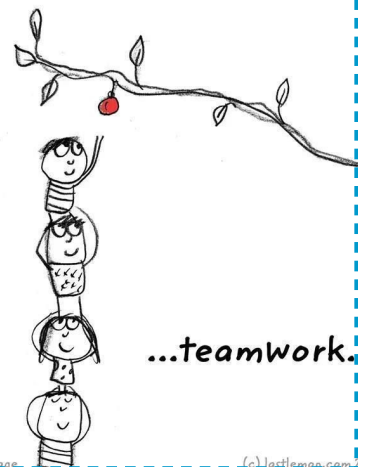


The Bendigo Respiratory Clinic is now taking online bookings to receive the COVID19 vaccination. Each patient can book their own appointments via the Bendigo Respiratory Clinic website - [www.bendigorespclinic.com.au](http://www.bendigorespclinic.com.au) - using the **book now** button.

- if you receive care for chronic disease management, it is recommended that you take a health summary to your vaccination appointment.

When receiving the COVID19 vaccination, please ensure to book 2 doses, 12 weeks apart **\*\* Flu vaccines must not be given 14 day post or prior to either dose of the COVID vaccine.**

# HAPPINESS IS



## ANZAC DAY

**Sunday the 25th of April**

is a national day of remembrance of Australian and New Zealand fallen soldiers and those who served in all wars.



Visit <https://www.awm.gov.au/commemoration/anzac-day> for more information.

## STRATHFIELDSAYE PRIMARY HEALTH – GP ON CALL

The GP On-Call service is accessed by phoning the Strathfieldsaye Primary Health practice on **5439 4442** and following the prompts.

If the GP is unable to take your call at the time, please leave a message clearly stating your name and phone number.

The doctor will get back to you. If you have not heard back from the GP after 30 minutes, please try phoning again.