

2021 Community Newsletter - April

**St Anthony's
Family
Medical Practice Pty
Ltd**
34 Blucher Street
Strathfieldsaye VIC 3551
PH: 5439 4442
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ABN: 23118243226



Practice Manager: Lois
Deputy Practice Manager:
Sharee
Senior Receptionist: Georgia
Reception Admin: Bella,
Casey, Shona, Meredith,
Gregoria, Bryleigh, Laura,
Sandra, Lorraine and Emma.

PRACTITIONERS

DR ADEL AS Aid, OAM
ASSOC PROF EWA PIEJKO
DR KAT RITCHIE
DR REMON ESKANDAR
DR EDWARD GRIFFIN
DR TRISTAN MCALPINE
DR KEERTHI KULASEKARA
DR HANNAH WARD
DR TRACY OH
DR SARAH LIM
DR KIRTSSEN RICHARDSON

PRACTICE NURSE MANAGER

NICOLE BRERETON

NURSES

FIONA MERCER
EMILY PALMER
EMMA HARRISON
LESLEY MARTIN
TEGAN MCCASKIE
NAJEM ALDORKI
MEAGHAN BAKE
HOLLY COMRIE (GRAD NURSE)

PATHOLOGY COLLECTION CENTRE

8:30AM TO 4:30PM
MONDAY—FRIDAY



SERVICES

WOMENS & MENS HEALTH
CERVICAL SCREENING
IUD CLINICS
SEXUAL HEALTH
TRAVEL VACCINATION CLINIC
EAR SUCTIONING
SLIT LAMP
TELEHEALTH
MINOR SURGERIES

Welcoming Dr Kirstin Richardson

Starting Date: Monday the 12th of April

Dr Kirstin Richardson is an experienced GP who lives with her family in Bendigo.

She graduated from the University of Zimbabwe and then completed her postgraduate training at the Queen Alexandra Hospital in Portsmouth (UK). She moved to Australia with her husband and did further training in Melbourne in obstetrics, gynecology, pediatrics and geriatrics before joining the GP Training program in Bendigo in 2010.

Dr Richardson is a Fellow with the Royal Australian College of General Practitioners. She has also completed further study in medical education with Monash University, to pursue her passion in training up the next generation of GPs.

Areas of interest: Chronic Disease Management, Pediatrics, Geriatrics, Women's Health.

Call our reception team for more information or to book an appointment on: 5439 4442.



Happy Easter !!

Strathfieldsaye Primary Health would like to wish all of our patients a very safe and happy easter.
Our clinic will be **closed**:



- **Friday the 2nd of April:** Good Friday
- **Monday the 5th of April:** Easter Monday
We will re-open Tuesday the 6th of April @ 8.30am.



The Bendigo Easter Fair

The Bendigo Easter fair commenced in 1871 and is now one of Australia's longest running community events, which was due to celebrate its 150th Anniversary in 2020. Unfortunately, the event was cancelled due to COVID-19. The City of Greater Bendigo is planning a family-friendly program of activities to celebrate Easter in 2021.

For more information, please visit: <https://www.bendigoeasterfestival.org.au/>

Welcoming Bryleigh Barker



Welcoming Bryleigh Barker to our reception team. Bryleigh has been working in our clinic since January 2021, and has already made a large impact. She graduated Catholic College Bendigo in 2018. She also spent time studying at La Trobe University in Bendigo.

Please make Bryleigh feel welcome to our clinic!

Anzac day



Sunday the 25th of April is a national day of remembrance of Australian and New Zealand fallen soldiers and those who served in all wars.



On the morning of 25 April 1915, the Anzacs set out to capture the Gallipoli peninsula in order to open the Dardanelles to the allied navies. The objective was to capture Constantinople (now Istanbul in Turkey), the capital of the Ottoman Empire, and an ally of Germany. The Anzacs landed on Gallipoli and met fierce resistance from the Ottoman Turkish defenders. Their plan to knock Turkey out of the war quickly became a stalemate, and the campaign dragged on for eight months.

At the end of 1915, the allied forces were evacuated. Both sides suffered heavy casualties and endured great hardships. Over 8,000 Australian soldiers were killed. News of the landing on Gallipoli and the events that followed had a profound impact on Australians at home. The 25th of April soon became the day on which Australians remember the sacrifice of those who had died in the war.

The Anzacs were courageous and although the Gallipoli campaign failed in its military objectives, the Australian and New Zealand actions during the campaign left us all a powerful legacy.

Visit <https://www.awm.gov.au/commemoration/anzac-day> for more information.

Emu Creek Health Professionals Men's Shed

Operating Thursdays 9am - 4pm

It was in June last year, between Victoria's lockdowns, when Dr Asaid started to notice an increase in men living with mental health issues. "Men don't normally talk much, they normally keep it inside them," Dr Asaid said. So Dr Asaid decided to transform a rarely used back shed at his medical practice in Strathfieldsaye into the Emu Creek Men's Shed.



He also donated thousands of dollars' worth of equipment. The shed already has 25 members and the Strathfieldsaye Community Enterprise has also donated \$10,000 towards future costs. "You come and have a cup of coffee, you can make things, or you can just have a chat. "You feel good — it is another day can cross off and you have had a good day."

For more information, please ask our reception team or email Shed member:

James Halcas halnoe@hotmail.com

Newspaper article: <https://www.abc.net.au/news/2021-02-03/emu-creek-mens-shed-delivers-positive-outcomes-for-mental-health/13116982>

Flu Clinics

Our clinic will be running flu clinics this year for the influenza vaccination. To join our waiting list, please speak with our friendly reception staff.



Remember our GP On-Call

We know that sickness is not restricted to business hours, which is why we ensure that we have a GP available to our patients 24/7. One of our GP's is available to attend to medical issues after hours as well as weekends and public holidays (if it is an emergency please phone 000).



The GP On-Call service is accessed by phoning the practice on 5439 4442 and following the prompts. If the GP is unable to take your call at the time, please leave a message clearly stating your name and phone number and the doctor will get back to you. If you have not heard back from the GP after 30 minutes please try phone again.

If you have any suggestions, comments or feedback, we would love to hear from you.

Email us at reception@strathhealth.com.au. We can only continue to improve with your help.